

Adult Coed Kickball Rules and Information

Games are 5 innings or 50 mins

Maximum of 12 players per team

Teams may play with a max of 10 players on the field but entire roster kicks

A minimum of 8 players to start and finish a game

Alternate Male/female batting order

Pitcher must release the ball at or behind the pitching rubber

The pitched ball must travel slowly and No "bouncies" are allowed

Play stops when pitcher has the ball

Batter must kick the ball at home plate or behind it

Kicking a ball in front of home plate is a foul

3 fouls is an out

Bunting is not allowed

Runner may not leave base until the ball is kicked

No stealing or leading off

One base on an overthrow

A player will be called out if they are hit with a ball below the shoulders

No headshots

Infielders may not move forward until the ball is kicked

No metal cleats